

**TREC-FHCRC-NCI Conference**  
**Energy Balance, Cancer Prognosis, and Survivorship**  
 October 6-8, 2009  
 Fred Hutchinson Cancer Research Center  
 Seattle, Washington

**Program**

**Tuesday, October 6, 2009 -- Opening Session**

<p><b>6:00-7:00 p.m.</b> <i>Pelton Auditorium Weintraub Building</i></p>	<p><b>Registration</b></p>
<p><b>7:00-7:15 p.m.</b> <i>Pelton Auditorium Weintraub Building</i></p>	<p><b>Welcome and Introduction</b>   <b>Linda Nebeling</b>, National Cancer Institute  <b>Melinda Irwin</b>, Yale University  <b>Anne McTiernan</b>, Fred Hutchinson Cancer Research Center</p>
<p><b>7:15-7:30 p.m.</b></p>	<p><b>Tribute to Eugenia Calle</b>   <b>Otis Brawley</b>, American Cancer Society</p>
<p><b>7:30-9:00 p.m.</b></p>	<p><b>Session 1: Keynote Talks on Clinical and Epidemiological Evidence that Energy Balance Impacts Cancer Prognosis and Survival</b>   <u>Session Chair:</u> <b>Julia Rowland</b>, National Cancer Institute</p>
<p><i>7:30-7:50 p.m.</i></p>	<p><i>Energy Balance and Breast Cancer Prognosis</i>  - <b>Pamela Goodwin</b>, University of Toronto</p>
<p><i>7:50-8:10 p.m.</i></p>	<p><i>Energy Balance and Colon Cancer Prognosis</i>  - <b>Jeffrey Meyerhardt</b>, Dana-Farber Cancer Institute</p>
<p><i>8:10-8:30 p.m.</i></p>	<p><i>Genetics and Race as Modifiers of Energy Balance and Cancer Prognosis</i>  - <b>Otis Brawley</b>, American Cancer Society</p>
<p><i>8:30-8:50 p.m.</i></p>	<p><i>Oncologist, Cancer Survivor, and Lance Armstrong Foundation Young Adult Alliance Co-chair</i>  - <b>Brandon Hayes-Lattin</b>, Oregon Health &amp; Science University</p>
<p><i>8:50-9:00 p.m.</i></p>	<p>Panel Discussion</p>

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Program Committee

Chairs: Melinda Irwin and Nathan Berger

Members: Linda Nebeling, Julia Rowland, Rachel Ballard-Barbash, Anne McTiernan, Cornelia Ulrich, Leslie Bernstein, Kathryn Schmitz, Jeffrey Meyerhardt, Ashley Wilder Smith, and Catherine Alfano

Program made possible, in part, by the **American Institute for Cancer Research** and the **Lance Armstrong Foundation**

Wednesday, October 7, 2009

<p><b>8:30-10:00 a.m.</b>  <i>Pelton Auditorium  Weintraub Building</i></p> <p>8:30-8:50 a.m.</p> <p>8:50-9:10 a.m.</p> <p>9:10-9:30 a.m.</p> <p>9:30-10:00 a.m.</p>	<p><b>Session 2: Cancer Diagnosis, Therapy, and Energy Balance</b>  <u>Session Chair:</u> <b>Kathryn Schmitz</b>, University of Pennsylvania</p> <p><i>Obesity and Treatment Efficacy</i>  - <b>Jennifer Ligibel</b>, Dana-Farber Cancer Institute</p> <p><i>Changes in Diet and Body Composition</i>  - <b>Lawrence Kushi</b>, Kaiser Permanente Northern California</p> <p><i>Changes in Physical Activity</i>  - <b>Melinda Irwin</b>, Yale University</p> <p>Panel Discussion</p>
<p><b>10:00-10:15 a.m.</b></p>	<p><b>Coffee Break</b></p>
<p><b>10:15-11:45 a.m.</b>  <i>Pelton Auditorium  Weintraub Building</i></p> <p>10:15-10:35 a.m.</p> <p>10:35-10:55 a.m.</p> <p>10:55-11:15 a.m.</p> <p>11:15-11:45 a.m.</p>	<p><b>Session 3: Clinical Trials vs. Cohort Studies of Energy Balance on Prognosis</b>  <u>Session Chair:</u> <b>Anne McTiernan</b>, Fred Hutchinson Cancer Research Center</p> <p><i>Clinical Trials</i>  - <b>Rowan Chlebowski</b>, LA Biomedical Research Institute at Harbor-UCLA Medical Center</p> <p><i>Cohort Studies</i>  - <b>Leslie Bernstein</b>, Beckman Research Institute of the City of Hope</p> <p><i>Why Both Study Designs Work and Don't Work</i>  - <b>Rachel Ballard-Barbash</b>, National Cancer Institute</p> <p>Panel Discussion</p>
<p><b>11:45-1:30 p.m.</b>  <i>Pelton Auditorium  Weintraub Building</i></p>	<p><b>Lunch &amp; Exercise Break</b>  <i>(suggested walking and running routes will be available)</i></p>

**Wednesday, October 7, 2009 continued**

<p><b>1:30-3:15 p.m.</b> Pelton Auditorium Weintraub Building</p> <p>1:30-1:50 p.m.</p> <p>1:50-2:10 p.m.</p> <p>2:10-2:30 p.m.</p> <p>2:30-2:50 p.m.</p> <p>2:50-3:15 p.m.</p>	<p><b>Session 4: Molecular/Animal/Genetic Research on Energy Balance and Prognosis</b></p> <p><u>Session Chair:</u> <b>Nathan Berger</b>, Case Western Reserve University</p> <p><i>Animal Models of Energy Balance and Cancer Prognosis</i> - <b>Stephen Hursting</b>, University of Texas at Austin</p> <p><i>Prostate Cancer and Energy Balance</i> - <b>Tim Nagy</b>, University of Alabama at Birmingham</p> <p><i>Molecular Level Research and Energy Balance</i> - <b>Joseph Nadeau</b>, Case Western Reserve University</p> <p><i>Genetic Epidemiology and Energy Balance</i> - <b>Christine Ambrosone</b>, Roswell Park Cancer Institute</p> <p>Panel Discussion</p>
<p><b>3:15-3:30 p.m.</b></p>	<p><b>Coffee Break</b></p>
<p><b>3:30-5:15 p.m.</b> Pelton Auditorium Weintraub Building</p> <p>3:30-3:50 p.m.</p> <p>3:50-4:10 p.m.</p> <p>4:10-4:30 p.m.</p> <p>4:30-4:50 p.m.</p> <p>4:50-5:15 p.m.</p>	<p><b>Session 5: Mediators/Mechanisms/Modifiers and Surrogate Markers of Prognosis</b></p> <p><u>Session Chair:</u> <b>Ashley Wilder Smith</b>, National Cancer Institute</p> <p><i>Exercise After a Diagnosis of Prostate Cancer</i> - <b>Roanne Segal</b>, University of Ottawa</p> <p><i>Weight Loss and Mediators and Surrogates of Breast Cancer Prognosis</i> - <b>Cheryl Rock</b>, University of California, San Diego</p> <p><i>Mechanisms of Diet and Prognosis in Colon Cancer</i> - <b>Cornelia Ulrich</b>, German Cancer Research Center</p> <p><i>Behavioral and Psychosocial Clusters in Breast Cancer</i> - <b>John P. Pierce</b>, University of California, San Diego</p> <p>Panel Discussion</p>
<p><b>5:30-6:30 p.m.</b> Arnold Building</p>	<p><b>Poster Session &amp; Networking Reception</b></p>
<p><b>6:30-8:30 p.m.</b> Atrium Arnold Building</p>	<p><b>Dinner</b></p>

Thursday, October 8, 2009

<p><b>8:00-9:30 a.m.</b> Pelton Auditorium Weintraub Building</p> <p>8:00-8:20 a.m.</p> <p>8:20-8:40 a.m.</p> <p>8:40-9:00 a.m.</p> <p>9:00-9:20 a.m.</p> <p>9:20-9:45 a.m.</p>	<p><b>Session 6: Energy Balance, Quality of Life, and Long Term and Late Effects</b></p> <p><u>Session Chair:</u> <b>Catherine Alfano</b>, National Cancer Institute</p> <p><i>Exercise, Quality of Life, Depression, and Fatigue</i> - <b>Kerry Courneya</b>, University of Alberta</p> <p><i>Mechanisms of Fatigue</i> - <b>Julie Bower</b>, University of California, Los Angeles</p> <p><i>Lymphedema</i> - <b>Kathryn Schmitz</b>, University of Pennsylvania</p> <p><i>CVD Late Effects</i> - <b>Lee Jones</b>, Duke University Medical Center</p> <p>Panel Discussion</p>
<p><b>9:45-10:00 a.m.</b></p>	<p><b>Coffee Break</b></p>
<p><b>10:00-12:00 p.m.</b> Pelton Auditorium Weintraub Building</p> <p>10:00-10:20 a.m.</p> <p>10:20-10:50 a.m.</p> <p>10:50-11:10 a.m.</p> <p>11:10-11:30 a.m.</p> <p>11:30-12:00 p.m.</p>	<p><b>Session 7: Evolving Areas of Research, Behavior Change, and Future Studies</b></p> <p><u>Session Chair:</u> <b>Melinda Irwin</b>, Yale University</p> <p><i>Energy Balance in Pediatric/Adolescent/Young Adult Cancer Survivors</i> - <b>Debra Friedman</b>, Vanderbilt University</p> <p><i>Energy Balance and the Older Cancer Survivor</i> - <b>Wendy Demark-Wahnefried</b>, University of Texas M.D. Anderson Cancer Center</p> <p><i>How to Change Exercise Behavior: Lessons Learned</i> - <b>Bernadine Pinto</b>, Brown University</p> <p><i>Future Studies (Clinical Endpoints, Surrogate Markers, Target Population, Timing of Delivery, What Type of Diet and Exercise Program, Dose, Length of Follow up)</i> - <b>Anne McTiernan</b>, Fred Hutchinson Cancer Research Center</p> <p>Panel Discussion</p>
<p><b>12:00-12:15 p.m.</b></p>	<p><b>Concluding Remarks and Departure</b></p>